

PAUL VI CATHOLIC HIGH
SCHOOL
GIRLS SOCCER CAMP
SUMMER 2010



JULY 5-9, 2010
DAY CAMP FOR
GIRLS AGES 7-13
9 AM – 3 PM

PAUL VI CATHOLIC HIGH
SCHOOL
10675 FAIRFAX
BOULEVARD
FAIRFAX, VIRGINIA 22030



Work with well respected coaches and some of the best local high school players to improve your soccer skills – all while having a great time!

Total Fee: \$185

To reserve a slot, return this form with a non-refundable deposit of \$80.

Method of Payment

Check Enclosed

Make checks payable to: Paul VI High School (Memo: Girls Soccer Camp)

Mail to: Paul VI Girls Soccer Camp
Attn: Meg Ashley
Paul VI Catholic High School
10675 Fairfax Blvd
Fairfax, VA 22030

Questions? Contact:

Meg Ashley
Athletic Department
Paul VI Catholic High School
10675 Fairfax Boulevard
Fairfax, VA 22030
703-352-0927, x503

Registration Form: (please print clearly)

Name: _____

Address: _____

City: _____

State: _____ Zip: _____

Home phone: () _____

Emergency Phone: _____

Age: _____

Primary Position: _____

E-mail: _____

Medical Consent (parent signature required)
I hereby state that my child is in good normal health, and has my permission to participate in all camp activities. In addition, I authorize the Paul VI Girls Soccer Camp Staff to act for me in securing medical treatment for my child in the event of injury and sickness. A registration requires that a parent/ guardian sign below to agree that in case of an accident involving their child while attending the Paul VI Girls Soccer Camp they release the camp, the ownership, the counselors, the directors, Paul VI Catholic High School, and the Commonwealth of Virginia from any and all liability.

Signed parent/guardian Date

CAMP GOALS

Our goal at Paul VI Girls Soccer Camp is to improve your athlete's technical and tactical abilities in a fun and positive environment. We will emphasize the importance of fundamentals while developing decision-making abilities. We want to ensure each camper is on her way to reaching her full potential while having fun at the same time.

Camp Fee: \$185 (\$135/player for teams with 7 or more members who sign up together. Applications for team discount must be sent together.)

CAMPER TO STAFF RATIO

Enrollment will be limited, so that we can ensure a 10-1 campers to staff ratio.

EQUIPMENT

Campers are expected to provide cleats, shin guards, running or tennis shoes, soccer ball and water bottle/jug.

LUNCHES

Subway sandwiches, made fresh each day and delivered to the field, will be available for purchase; snacks and drinks also will be sold at our concession stand. The cost to purchase lunch should be approximately \$5-6 per day.

TENTATIVE SCHEDULE

| | |
|------------|--|
| 9-11 a.m. | Individual Technique (dribbling, passing, etc.) |
| 11-12 p.m. | Individual Tactics/ Games (1v1 off/def) |
| 12-1 p.m. | LUNCH BREAK |
| 1-2 p.m. | Small Group Tactics/ Games (3v1, 4v2) |
| 2-3 p.m. | Scrimmages |

FRIDAY FUN DAY

- Head-to-Head Competitions
- Skill Contests
- Counselors vs. Campers Match

All campers will also receive a special camp T-shirt!

IN CASE OF RAIN...

In the event of rain, camp will be held inside the school cafeteria. Activities will include applicable videos, small games and interactive instruction. No rain dates will be rescheduled and no reimbursements will be given.

**CAMP DIRECTOR:
MEG ASHLEY**

Meg Ashley has been the head coach at Paul VI for 22 years. Her teams have won three Washington Catholic Athletic Conference championships and the Women's varsity program is consistently ranked locally, regionally and nationally. She was the Washington Post All-Met Coach of the Year in 1992-93 and was also a captain and starting member of the 1985 George Mason University National Championship women's soccer team. Coach Ashley has also spent 5 years as a coach with the VYSA Olympic Development Program and previously coached for 10 years with the Fairfax Police Youth Club and Springfield Youth Club in the U-9 through U-17 age groups.

**ASSISTANT DIRECTOR:
JOE CAPUTO**

Joe Caputo has been the assistant varsity and junior varsity coach at PVI for 21 years. He spent 8 years as the head varsity women's soccer coach at Fauquier High School in Fauquier County and 2 years at Garfield High School in Prince William County. He also has extensive experience as a WAGS youth travel coach in the U-14 through U-19 age groups.

All staff instructors are members of the Paul VI women's varsity soccer program.