

PAUL VI CATHOLIC HIGH SCHOOL SPORTS

September 8, 2009

Panther Pressbox

"Do Ordinary Things Extraordinarily Well."
St. Francis DeSales

Ladies Varsity Soccer - Sheets for Soldiers!

The team is trying to help out **soldiers in Iraq** and are looking for new extra long twin sheets sets (1 fitted, 1 sheet, & 1 pillowcase). We could also send some non-perishable snack food. If you ask, "What can we do?" Here's your chance. There will be a marked box in the main hallway by the auditorium for sheets or snack food. Help the team help our soldiers. The box will be there until Friday, September 11.

Men's Soccer

After losing their season opener 3-2 against St Mary's Ryken, the Paul VI Panthers came roaring back with a decisive 7-1 home win against St John's on August 28th. Ozzie McKenzie and Kennedy O'Shea scored 2 goals apiece. Connor Messerschmidt, David Skipper, and Tyler Phillips added one goal each and David Butzke had 2 assists. Goalie PJ Hasson had a strong game to earn his first win of the season. At their second home game on Sept 1, the Panthers lost 3-2 to a very physical Bishop McNamara team. The team fought back in the second half with several close shots on goal but failed to capitalize. Tyler Phillips and Kennedy O'Shea each scored a goal. This past Friday, the team traveled to rival Bishop O'Connell and came home with a hard fought 2-1 victory. Kennedy O'Shea and Raul Marinello scored the 2 goals, putting the Panthers up 2-0 at the half. O'Connell came back on the attack in the second half and scored a goal but goalie Richie Golinowski stayed strong in the net, posting 5 saves for the night to earn his first win of the season.

You will find the roster, schedule and additional information on the team's website, www.pvisoccer.com

***** THE TEAM IS ONCE AGAIN GIVING AWAY FREE PIZZA AND SODA AT SELECTED HOME GAMES. THE FIRST GIVE-AWAY IS THIS FRIDAY, SEPT. 11, DURING THE ARCHBISHOP CARROLL GAME. COME TO THE GAME, CHEER ON THE TEAM AND ENJOY A PIECE OF PIZZA. *****

Volleyball

The Lady Panthers went 3 and 1 at the Showcase Invitational Tournament in Richmond this weekend. There was some great competition and the team played very well. So far the season has been exciting and will only get better so be sure that you come out and support the Lady Panthers in their next home game against rival Bishop O'Connell Sept. 15th in the PAC - games are at 4:30 and 6!!

Junior Varsity

With their new coach at the helm, Glen Perez, the ladies JV Volleyball team is off to a strong start! Wining their first two games 2-0 against both Bishop McNamara and Holy Cross, these girls know how to start strong and keep it coming! Congratulations!

Cross Country

Paul VI began their 2009 Cross Country season with the Potomac Running Kickoff Relays on September 3rd, with relays or races of 2 miles per runner. The Men's team made of Blaize Johnson, J.W. Stohlman, Matt Carlstrom, Robbie Connors, and Nate Morrison came in 16th out of 50 teams, and the Women's team of Cristina Kling, Meghan Blackstone, Emily Ayuso, Grace Higginbotham, and Lizzie Greene was 15th out of 37 teams. The many new freshmen on the team ran in the freshman races, with Jack Wessel coming in among the top ten runners in the Men's race at 6th place.

Wrestling

Attention Wrestlers, we will have conditioning and open mats every Monday, Tuesday and Thursday from 3:00-4:30 p.m. Meet at the weight room and bring both running and wrestling shoes.

Football

Football season began Friday night with a Varsity win over St. Mary's Ryken 14-0. Stephen Muskett rushed for 217 yards and two touchdowns as the Panthers go on to win their home opener. Other notable performances- Josh Wright 34 yd reception, Chuck Carlton 50 yds rushing, Matt McGroarty 2 fumble recoveries. David Salmon and Mickey Kassis had outstanding defensive performances.

JV vs. St. Mary's Ryken 30-12. Stephen Tapp and TJ Tutone sharing the quarterback duties led the offense to 30 points and a Panther victory. Tapp threw for two touchdowns and Tutone ran for one and threw for another. Sophomores Dom Rizzo and John O'donnell were singled out by Coach Joe

Sebastian for outstanding performances on the day.

Lady Panthers Basketball

There will be a meeting in the back gym at 3:00 Wednesday for anyone that is interested in playing girls basketball this winter.

Workouts for the week:

Tuesday: 3:00 - 5:15...Study Hall will take place 4:00 - 5:15

Weds: 3:00 - 4:45

Thursday: 4:30 - 7:00

Saturday: 12:00 - 1:15

Ladies' Lacrosse Clinics

There will be a clinic held for lady lacrosse players on 2 weekends, Saturday and Sunday, September 26-27 and October 3-4. For the registration form and information, open this link: [CLINIC](#)

SNACK IN THE PAC

Team volunteers are encouraged to participate in a fundraising opportunity after school each day manning the SNACK-IN-THE-PAC concession stand. Funds raised after school go to your team. The hours are (usually) from 2:15 to 4 on school days. For information or to schedule your team's participation, contact Mrs. Moore at this email address: moores3803@aol.com

This week SNACK IN THE PAC is brought to you by Women's Lacrosse!

PVI ANNUAL RUNFEST!

Help support our wonderful Options program this year at the RunFest. Click here [FACEBOOK RUNFEST INFO!](#)



Quote of the Week:

It is how you show up at the
showdown that counts.

-- Homer Norton