

# VI CATHOLIC HIGH SCHOOL SPORTS

October 5, 2009

## Panther Pressbox

"Do Ordinary Things Extraordinarily Well."  
St. Francis DeSales

### Homecoming 2009!

This Friday night it's PVI vs Archbishop John Carroll at 7 for Homecoming. We'll be having a Pep Rally on Friday afternoon and the students will Rally in the Alley at 5:30 with music and samples of different foods (Tastes from the Town) provided by local restaurants. In addition to the spirit days, the PowderPuff football game will be held this Wednesday night at 7:00 pm on Panther field. Come out and watch the senior girls play the freshmen, sophomore and junior girls in football and you can't miss the halftime show - when the PowderPuff boys dance! The Admission is \$3. Join the spirit on Wednesday as the annual tradition continues this special week in preparation for Homecoming Weekend!

### JV Football Beats St. John's in Comeback-Game

The JV Football team came back from being down 13 to 0 in the second half to win against St. John's. With under three minutes to play, TJ Tutone led the offense on an 80 yard TD drive to bring the score to 13 to 12. He then completed a pass to Charlie Jesmer for the 2 point conversion with 32 seconds remaining. Billy Kauffeld anchored the defense which forced Carroll to punt in crucial situations.



Outstanding performances were also given by Charlie Greener, Sean O'Brien, and Joe Cassell. The JV team will travel to Carroll this Thursday for a league showdown with the Lions.

Cheerleading :)

OK PVI let's get in the SPIRIT this week and especially at the Homecoming game this Friday night! See a cheerleader this week to buy your "PVI Bell to help us Ring In the Game" This is "got to have" item is being flown in on Tuesday - get one before they are all gone and support your PVI Cheerleaders who are raising funds for Competition. GO PANTHERS!

See the squad at Tuesday night's Men's Varsity Soccer Game as we cheer our team on... against our rival O'Connell!

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### Cross Country at Oktoberfest

This past weekend the PVI Cross Country teams took part in the Oktoberfest Invitational, their largest event so far this season. Over 3200 runners competed among 8 races at the Great Meadows venue. Many Paul VI runners had noteworthy performances. Blaize Johnson came in 4th overall in the 5K Varsity B race, with a time of 17:06. Robbie Connors and Nate Morrison were the team's second and third place runners for the first time this season, with times of 18:44 and 18:46 respectively. The Varsity B women's race saw Lizzie Greene come in 3rd overall, and the women's team came in fourth place. Meghan Grant, for her first run this season following an injury, came in well as PVI's second place runner. Several JV runners set significant new personal or seasonal bests, including Gabbie Nieves, Beth Mangin, Nicole Gertenbach, Margaret Lyons and Cara Bibeault among the women, and Dominick Gilbert, Kyle Johnson, James Bonaffini, Mike Kvartunas, Alex Leggett, James Wiltshire and Sawyer Loessberg among the men.

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### Press Hits! Panthers in the News..

Teaming up for Soldiers- Lady Panthers Soccer

[http://www.catholicherald.com/detail.html?sub\\_id=11139](http://www.catholicherald.com/detail.html?sub_id=11139)

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### Tennis

Women's tennis played Good Counsel last week with a final winning score of 6-3. Shelby Stohlman (#2, 11th) and Kellie Ruffer (#5, 12th) were tied in their singles matches, and both won in a tiebreaker, 7-4 and 7-5, respectively. Other singles wins came from Carson Shelton (#3, 12th) and Callie Wysor (#4, 11th).

The doubles teams of Ruffer and Stohlman ("Ruff and Tuff"), as well as Shelton and Wysor, both won their matches. Kate Schifferli and Spencer Baldacci also won singles exhibition matches. The girls were all winners, reflected not just by the scores in the book but by what was in their hearts.

In the prior week, the team beat Elizabeth Seton 8-1. Their record is currently 5-3. Come on out to Fairfax High School for their next home match against Holy Cross on Monday, October 5, 4 pm.

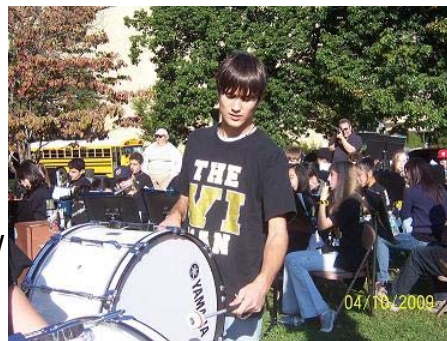
Way to go "Pink Panthers"!

### PVI at Army 10-Miler

Yesterday, our instrumental musicians performed as [the Official High School Band at the annual ARMY 10-miler race held in Washington DC.](#)

Stationed 2 blocks from the Capitol building at milepost 6, the 55-member Pep Band played to the throngs of athletes and spectators with motivating selections such as *Rocky*, *Caissons*, and *Don't Stop Believin'*. Massive shouts of "hey" could be heard blocks away as runners lifted their fists in tandem with the band's "Hey Song".

A 4-piece rock-style group made up of David Benko, electric guitar, Aaron Frazier, bass guitar, Jane Lim, electric piano, and Ross Banfield, drum set, was enthusiastically received with their renditions of popular selections such as Freebird. The ARMY reported that 30,000 runners participated in this year's event. Congratulations musicians!



### Paul VI Wrestling

We are pleased to announce that American University's Wrestling team will hold both a free clinic and their wrestle-offs at Paul VI this year. The clinic is for both coaches and wrestlers and will feature 3x All-American Mark Cody (AU's Head Coach), 2x All-American Mike Rodgers and 2x World Champion and Olympic Bronze Medalist, Vougar Oroudjo. The American University wrestle-offs will feature two All-Americans, Mike Cannon and Kyle Borshoff. Please join us for this opportunity for both a great clinic and outstanding wrestling - all for free.

Monday, November 2, 2009 in PVI's old gym Clinic, 4:30- 6:15 p.m.

Wrestle-offs, 7:00 p.m.

Free admission to both events!

### Men's Lacrosse Has Busy Weekend

On Saturday morning, the men's lacrosse team participated in the 9th annual Dulles Plane Pull to support the Special Olympics of Virginia. The lacrosse team was the only high school team in the 60-team event and had the fastest pull time for their weight group. The team pulled a 164,000 pound airplane 12 feet in a little over 12 seconds.

The team would like to thank everyone who donated money for the event and who showed up on Saturday to support the team. (See trophy picture below!) Coach Goeller received the following message from the Office of Special Olympics today:

" Hello Coach,

Your Lax Team came in first for Youth Challenge (trophy was delivered to the school office this morning) - and even more impressive, 4th overall for fundraising! Your boys raised a total of



## Plane Pull Trophy!



The team won the plane pull FedEx trophy and we couldn't resist a picture of the guys in today's Spirit Wear.

(The trophy is in front of the snorkel).

## SNACK IN THE PAC

Team volunteers are encouraged to participate in a fundraising opportunity after school each day manning the SNACK-IN-THE-PAC concession stand. Funds raised after school go to your team. The hours are (usually) from 2:15 to 4 on school days and it only takes 1 person a day! For information or to schedule your team's participation, contact Mrs. Moore (*who says teams are making very good profits*) at this email address: [moores3803@aol.com](mailto:moores3803@aol.com)

This week SNACK IN THE PAC is brought to you by PVI BASEBALL!



## Quote of the Week:

The dictionary is the only place where success comes before work. ~Vince Lombardi.