

# PAUL VI CATHOLIC HIGH SCHOOL SPORTS

November 9, 2009

## Panther Pressbox

"Do Ordinary Things Extraordinarily Well."  
St. Francis DeSales

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## Football Shuts Out DJO in Arlington

This weekend the varsity football team wrapped up their season with a 10-0 win over Bishop O'Connell. Our Panthers started the game in great field position as Chuck Carlton returned the opening kickoff into Knight territory. Owen Scarbrough put the Panthers on top with a 37 yard field goal. It would prove to be all that was needed as the defense shut down the double-wing Knight attack. Mike Lyons, Sammie Ojeh, Mickey Kassis, Eric Schulze, Ben Pfothenauer and Kevin Chrisinger stuffed O'Connell's efforts. The half ended 3-0 but the Panthers dominated time of possession. On offense, Chuck Carlton and Stephen Muskett pounded the Knight defense. James Naylor added three exciting runs, two on reverses to keep drives alive. Matt McGroarty controlled the edge on offense as Muskett and Carlton continued to pound. Alex Pisani and Josh Wright relayed the plays in for the offense and had key downfield blocks during the contest. Way to go Panthers! Way to go out seniors!



A big "THANKS" to the fans who came out and supported the team and shared in our prayer on the field at the end of the game.



## Men's Soccer

Last Friday, the men's soccer team, seeded 11th out of 12 seeds for the Virginia Independent Schools Athletic Association (VISAA) 2009 tournament, travelled to Charlottesville to play the #6 seed, St Annes-Belfield. The Panthers took control of the game early on and never let up. They easily held possession of the ball 80 per cent of the time. However, St Anne's was gutsy and unrelenting. They scored the first goal. PVI tied it up when Kennedy O'Shea played the ball into Tyler Phillips who took 2 quick touches and beat both the defender and the goalkeeper. St Annes took the lead again but, with 20 minutes left, co-captain David Butzke scored off a shot

from 35 yards out to tie the game at 2.

The game came down to penalty kicks. David Butzke, Matt Madigan, Kennedy O'Shea, Raul Marinello, and CJ Loving all scored their penalty kicks to get the well deserved win for the Panthers, 5-4 on PK's. Richie Golinowski played tough in goal with one save.

The team travels to Richmond today to play the #3 seed, Collegiate School. With a win, the Panthers will earn a bid in the 2009 VISAA Final Four.

### **Tennis**

Our varsity tennis team, ranked #6 in the Division I VA Independent School Tennis Association (VISTA), with a season record of 10-6, travels to Norfolk Academy (<http://www.norfolkacademy.org/podium/default.aspx?t=42548>) tomorrow for the State Tournament. Match time is 1pm. Fans are welcome to attend. School address is 1585 Wesleyan Drive, Norfolk, VA 23502. Semi-finals will be played Friday, November 13 and Finals on Saturday, November 14; location/opponent TBD. Go Pink Panthers!



### **Women's Volleyball**

The volleyball team has been seeded 2nd in the state tournament! This is a tribute to all of the hard work and sacrifice put forth by the ladies this year. The team has had an extremely successful season and is looking forward to competing for the state title. Your support is essential to the success of the team so please come out and cheer them on against Peninsula Catholic in the state quarter finals tomorrow - Tuesday Nov. 10th at HOME in the PAC at 5pm!! Go Panthers!!

### **Chelsea Fisher to Represent USA at World Age Group Games**

Senior Chelsea Fisher has earned a spot on the United States Tumbling Team that will compete at the World Age Group Games in St. Petersburg, Russia from November 14th to November 22nd. Fisher qualified in Las Vegas by finishing second at Nationals in late September. Since tumbling is not currently an Olympic sport, the World Age Group Games is the Olympics of the sport and what these athletes work towards for all their lives. Fisher will compete in power tumbling, which combines the skills of artistic gymnastics on the floor and those of trampolining. Fisher has been competing in gymnastics at Capital Gymnastics in Burke since the age of 4. In 2007, Fisher competed in the last World Age Group games in Quebec and finished an impressive 13th.



### **Wrestling**

Wrestling tryouts have started. If you played a fall sport and need time off, please see Coach Healy and let him know when you will start.

### **Practice Bus**

Mr. Pharaon will be transporting athletes to need rides to practice through the winter season. The bus leaves school approximately 3 pm daily. This route includes Oak Marr for swim/dive.

### **Women's Basketball Tryouts**

Monday: Freshman/JV Tryouts: 7:00 - 9:00 Varsity: 6:00 - 9:00

Players will be handed a practice schedule for the week once teams are selected.

### **Baseball**

Congratulations to our varsity baseball pitching coach Jeff Nolan (father of Lindsay '05) who was named the National High School Baseball Coaches Association District 2 Assistant Coach of the Year! District 2 is comprised of the Mid Atlantic Region of the U.S. and includes VA, DC, MD, PA, WV, DE and NJ. Coach Nolan is one of eight assistant coaches in the country selected for this honor. He will receive

the award at the 2009 National High School Baseball Coaches Association Convention in Tucson, AZ this December. Nolan has coached at Paul VI for eight years contributing to multiple WCAC and State Championships along with helping over 40 of our graduates to continue playing baseball in college. Congratulations Coach Nolan!

### **Make Use of Study Halls!**

Free, teacher-proctored study hall is available to all students on Tuesdays, Wednesdays and Thursdays each week from 3 until 3:45 (Thursday it's 3:30) in room 124. No appointment or prior arrangements needed. Encourage your student-athlete to take advantage of this opportunity for study or homework.

### **Men's Basketball 3-on-3 Tournament**

Back by popular demand! It's PVI co-ed 3-on-3 Basketball Tournament on Wednesday before Thanksgiving in the PAC. Gather your friends, the old intramural teams, parents, coaches, everyone is welcome to play in the PAC! Information can be found by clicking:

[Tourney Info/Sponsorships](#) & [register my team!](#)

### **Softball**

Softball will have weight training on Wednesdays and Fridays in the weight room from 3:00 - 4:00 PM. There will be no workout this Wednesday due to parent teacher conferences.

### **Women's Winter Lacrosse Schedule**

Meet by the weight room on Monday and Thursday's for conditioning/throwing at 3:30 and lifting at 4:15 with Coach G.

### **Snack in the PAC**

Team volunteers are encouraged to participate in a fundraising opportunity after school each day manning the SNACK-IN-THE-PAC concession stand. Funds raised after school go to your team. The hours are (usually) from 2:15 to 4 on school days and it only takes 1 person a day! For information or to schedule your team's participation, contact Mrs. Moore (**who says teams have made very good profits**) at this email address: [moores3803@aol.com](mailto:moores3803@aol.com) Snacks this week are brought to you by men's basketball!



## Quote of the Week:

"It's hard to beat a person who never gives up."

Babe Ruth

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