

PAUL VI CATHOLIC HIGH SCHOOL SPORTS

February 22, 2010

Panther Pressbox

"Do Ordinary Things Extraordinarily Well."

St. Francis DeSales

Panther Fans!

Tickets for Tuesday night's double-header basketball games against O'Connell are being sold at lunch tomorrow. It is recommended that you get your tickets early! The ticket price is \$5. Senior night presentations will be made between the two varsity games (approximately 6:45 pm).

Looking for Photos of PVI Sports Fans & Supporters

The yearbook is doing a sports spread on "Supporters and Fans." Do you have any photos of those people who support our PVI teams by cheering, working, coaching or helping out? Submit your photos for possible publication in the yearbook. Visit: <https://images.jostens.com/> and use the following username (400003803) and password (panthers). Browse, enter the photo info, upload and save. Thanks for helping PVI Yearbook!

Meet Football Coach Metro

Players (anyone who wants to play football) are invited to the cafeteria at 3pm this Wednesday to meet Coach Metrokotsas. The parent/community meeting date is not yet confirmed.

Ice Hockey

PVI Varsity beats McLean 5-4 and Wins the 1st Round in Playoffs.

(1st period) This game was action packed from the first drop of the puck! Only a few minutes into the first period Peter Veltri put in a loose puck that the McLean goalie could not hang on to for a PVI 1 -0 lead. The intense play from both sides accelerated throughout the 1st period. With 1 minute left in the 1st period McLean managed to tie the game at 1-1 ending the 1st period with PVI having 7 shots on goal to McLean 's 6. Goalie John Nowadly made several nice saves to keep us in the game.



(2nd period) McLean continues to keep the pressure on and within minutes into the 2nd period McLean did a nice job of blocking out Nowadly and scored to go up 2-1 on PVI. Both sides continued to play very physical hockey. With 5 minutes remaining in the 2nd period, Frank Duggan breaks away and scores to tie it up 2-2. Two minutes after Duggan's breakaway, PVI scores with a Duggan to Veltri goal giving PVI the lead 3-2. The 2nd period ended with PVI having 18 shots on goal to McLean 's 14. The PVI student attendance was remarkable and no doubt helped PVI stay in the game.

(3rd period) 20 seconds into the 3rd period Peter Veltri scores again with a hat trick (making his contribution 3 goals) - he goes coast to coast like buttered toast with an amazing goal that their goalie never saw. PVI now with a 4-2 lead still playing hard because McLean was not going away easily. Three minutes into the 3rd period McLean answers with another goal. John Nowadly made the save but the puck stood on end and slowly rolled across the goal line making it 4-3 PVI. Not even a minute after McLean 's score Frank Duggan with another breakaway gives PVI their 5th goal making it 5-3. Although PVI had a little breathing room, they could not let up. The remainder of the 3rd period was an intense offensive and defensive game going back and forth, again the PVI fans spirit and cheer definitely helped to keep the team in the game. There was even a sighting of the green man! With 2 minutes 30 seconds left in the game McLean scores again making it PVI 5 McLean 4. PVI was able to hold McLean off for the remaining 2 minutes of the game to get their 1st round playoff victory. Another stellar game by John Nowadly, PVI ended

up with 22 shots on goal to McLean's 21.

Come help cheer on the PVI Hockey team for round 2 of the playoffs, tonight (2/22) 9:30pm at Ashburn Ice House as we take on Stonebridge. We need all the fan support we can get!



Wrestling

Attention PVI wrestling fans! We took 3rd place out of 30 teams at States this weekend. You should be very proud your team. There were a lot of tough, experienced wrestlers at this tournament. Congrats to Ray Geier (7th place), Tommy Whitaker (5th place), Jeremy Whitehurst (5th place), Conor Hughes (4th place), Ben Pfothhauer (4th place), Chuck Carlton (4th place), Chris Anderson (3rd place), Sammy Ojeh (2nd place) and Damien Ashley (State Champion!!!). That's right - Damien Ashley, our very own "pin man" takes 1st place at States. On to National Preps - Go Panther Wrestling!

Men's Basketball

Freshmen

In the two freshmen games this week (DeMatha and Gonzaga, the Panthers lost 45-55 to DeMatha, with Tyler Phillips leading the way with 13pts. In the game versus the Gonzaga Eagles, the Panthers lost 57-49 with Daniel Frick leading all scorers with 19pts and nailing 5 three pointers. The Panthers held a 25-18 lead at the halftime but were outscored 39 to 24 in the second half.

Junior Varsity

On February 16, JV played DeMatha and pulled out an impressive win 70-0 in PVI was lead by Brian Speaks, Langston Burnett, Nigel Johnson and Emonte Rogers. Two days later, the team played Gonzaga and lost 72-0 in PVI was lead by Nigel Johnson (18pts). This Saturday, PVI beat Don Bosco 75-48, lead by Brian Speaks, Langston Burnett, Andrew Peacock and Emonte Rogers.

Varsity

On February 16, varsity played DeMatha and lost 72-84 in a game in which a section of PVI fans were inexplicably removed from the game under controversial terms by a referee. PVI was lead by Patrick Holloway 29pts, Stanford Robinson 11pts and Devin Hill 11pts. On February 18, PVI played Gonzaga and lost in a very disappointing 91-53. PVI was lead by Coleman Johnson 11pts, Asa Smith 9pts, Stanford Robinson 9pts and Patrick Holloway 9pts. On Saturday, PVI beat Don Bosco 73-33, lead by Devin Hill, Patrick Holloway, Stanford Robinson, Jamall Robinson, Coleman Johnson and Asa Smith.

Alumni Press Hit: Danny Sumner ('06) (William & Mary) vs Mason

<http://www.washingtonpost.com/wp-dyn/content/article/2010/02/16/AR2010021606455.html>

Women's Basketball

Panthers upset # 1 Holy Cross and # 5 Seton

PVI Lady Panthers had a very exciting week of basketball playing 5 games in 7 days against 2 teams ranked in the top 5 in the Washington Post and the top 3 in the WCAC.

On Tuesday, the team hosted the 5th ranked team in the Washington Post, Elizabeth Seton. PVI led the entire game pulling off a very exciting 60 - 54 win.

On Friday in front of a great crowd, The Lady Panthers hosted # 1 ranked Holy Cross. The game was a battle back and forth in the first half ending with a 26-26 halftime score. The team came out very strong in the third quarter and finished strong pulling away with a 59 - 53 victory. It was a very exciting game in which the PAC was very loud and supportive for the team.

The Lady Panthers finished off their 5th game in 7 days with a 77-16 win over Don Bosco Prep.

The JV Girls Basketball Team picked up two more outstanding wins this week with victories over Seton and Holy Cross. The JV Lady Panthers continue to roll strong going into the last week of the season.

The Freshman team picked up a very strong win over Seton on Tuesday. The girls avenged an earlier loss at Seton this season with a very strong performance at home.

Game this week:

Monday: JV / Varsity at Carroll 5:15 / 7:00 game time

Tuesday: Varsity 5:00 pm vs DJO (senior night presentations approximately 6:45)

Saturday: Fr 12:00 / JV 1:45 / Varsity 3:30 home vs St. John's

PRESS HIT! Win over #1 Holy Cross in WashingtonPost

<http://www.washingtonpost.com/wp-dyn/content/article/2010/02/19/AR2010021905903.html>

Tough Games for Special Olympics Panthers!

The PVI Special Olympics Panthers played two games at the Special Olympics Virginia-Potomac/Rappahannock Super Regional Basketball Tournament on February 20th at Hoop Magic in Chantilly (sponsored by ExxonMobil). The PVI Panthers were placed in Division 11C with the FPYC Jr. Sharks. The teams played a hard fought game and even though Rebecca McKenna and Sean Cross scored baskets, the team lost 14-12--it was a nail biter to the end. Next, they played against the Davis Magic, a team from Division 11B. The Panthers continued to play hard, stealing balls, defending fiercely, and Rebecca and Sean continuing to score many baskets. However, the Davis Magic was overpowering and our team lost 34 - 22. At the end, Coach Underhill remarked: "I could not be more proud of our athletes for the way they played, they never gave up and they all kept trying until the very end and this is all that you can ask of our players. This is why I am very lucky to be their coach. Whether we play against small teams or giants like the second team we played, they always work hard."



The Panthers will continue to practice and participate in other tournaments before turning their efforts to Track & Field as their spring sport.

Spring Sports Meetings & Reminders

Some teams have met but others have scheduled as follows:

Track

There will be an informational meeting for all those athletes interested in participating in Spring Track and Field. The boys meeting will be on Wednesday February 24 at 3:00 in room 202. The girls meeting will be on Thursday February 25 at 3:00 in room 202.

Tennis

There will be a men's tennis information session at 3:15 pm today for players to learn about tryouts and the program, which will begins March 1.

Women's Soccer

There will be a brief meeting for all returning members of the women's JV and Varsity soccer teams after school on Thursday, in room 114 B, regarding the summer soccer camp and spring conditioning.

Men's Lacrosse

PVI men's lacrosse team will be holding their last winter conditioning session this Sunday in the main gym from 12:30-3:00 PM. These sessions continue to be open to any PVI student who is interested in trying out for the Men's Lacrosse team.

Tryouts will be held next Monday and Tuesday (March 1st & 2nd) from 3:30-6:00pm, location to be determined.

As a reminder, completed physical forms should be turned in to Mr. Ken Kuberski in the Athletic Office prior to tryouts. The forms can be found on the Paul VI Athletics site.

Softball Season Is Almost Here!

Weight training will continue on Wednesdays and Fridays this week and next week. The final weight training will be Friday, February 26th. Open gyms will continue this Sunday, February 28th. Softball tryouts will begin Monday, March 1st from 3:15 PM to 5:30 PM after school. All players trying out must have a physical on file at Paul VI.

Spring Tennis

There will be a men's tennis information session at 3:15 pm at PVI (Room TBD) on Monday, February 22. Parents are welcome.

PVI Women's Lacrosse Spirit Evening Tonight

5 PM - 8 PM Fair Oaks Mall

Please help support the PVI Women's Lacrosse team by eating at Chick-Fil-A's Fair Oaks Mall location on Monday, February 22nd from 5 PM - 8 PM. Bring the flyer (click below) with you. The team will receive a donation to the team based on the sales during this evening. Come eat some chicken and support PVI Women's Lacrosse!

DON'T FORGET TO BRING [THE FLYER](#)

SNACK-IN-THE-PAC -- Brought to you this week by SOFTBALL!

Quick Links

(Click below)

Game Schedules

Daily Games

Hotline:

(703) 352-0927



Quote of the Week:

"Adversity causes some men to break and others to break records."